Sexual Behavior

Student Name:

Department:

Course:

Professor:

Date:

**Describe how the media influences and reflects sexuality today with examples of how the influences of television and music have changed over time to both reflect and alter attitudes toward sexual behavior.**

As of today, the media adversely influences and reflects sexuality. With an increase in the number of sexual content prevalent on the various media platforms, which generally don't depict sexually responsible models, many young people's sexuality is set and grounded based on what they see in the media. Watching music videos has become very popular amongst teenagers since there is a lot of sexual content being aired out for them to see (Springer, 2015). Nowadays, music videos portray and promote a recreational outlook of sexual activities comprising of active men and greatly portray women as objects of lust. Through watching the videos, teenagers end up being sexually active much earlier in life and at the same time also think that their peers are also as sexually active, and this dramatically alters their sexual behavior. Additionally, both television and music usually offer little discussion of the responsibilities, emotions, and risks coupled with sexual activity (e.g., pregnancy, birth control, and condom use). There is no portrayal of safer sex.

Reference

Springer (2015) “What effect does music TV have on the sexual behavior of teenage girls and boys?” *Springer Nature.* <https://www.springer.com/gp/about-springer/media/research-news/all-english-research-news/what-effect-does-music-tv-have-on-the-sexual-behavior-of-teenage-boys-and-girls---/55270>. Accessed on 17 May 2021.